Universitat Oberta de Catalunya

The Universitat Oberta de Catalunya awards this

University microcredential in Change Management, Level C1 (Functional Level)

to

Name and surname.

as accreditation of having successfully passed the Change Management, Level C1 (Functional Level) programme, of 2 ECTS credits and 50 hours of study, in December 2024.

Barcelona, 26 March 2025

University microcredential in Emotional Intelligence, Level A2 (Basic Level)

Issuing date: 03/02/2025 **Valid from:** 13/12/2024 **Type:** Generic **Credential id:** urn:credential:af03e795-a66d-4d4d-a32f-9682df83b50b

Credential summary | Export | Upload another credential | Share | English

- Jaume
- Issuer
- Emotional Intelligence, Level A2 (Basic Level)
  - Continuous Evaluation (0-10)

Emotional Intelligence, Level A2 (Basic Level)

Awarded By

UNIVERSITAT OBERTA DE CATALUNYA

Learning outcome summary Show less

Include emotion in communications. Manage relationships. Manage change through carefully thought-out actions. Express emotions clearly and effectively, as well as listening actively and empathizing with other people's emotions. Develop and maintain healthy and productive relations based on trust, respect and open communication. Reflect on your emotions and on how they affect your interactions with others, as well as identifying areas for emotional growth. Foster a richer and more understanding communication, which is key to the development of strong interpersonal relations. Use relational and change management skills to adapt to different people and situations. Use emotional knowledge to adapt and respond appropriately to changes and challenges

Learning Outcomes

Emotional Intelligence, Level A2 (Basic Level)

Related ESCO Skills

exercise self-control , assertiveness , show empathy , listen actively

Show less

Achievement information

Volume of Learning
50 hours

EQF Level
Level 6

Credit points
European Credit Transfer System
2

Mode of Learning
Online

Type
Course